

# Health check sheet

※Please check your health condition twice a day, morning and evening.

After the recording is completed, please submit it to Students Affairs by e-mail or fax.

Name ( ) Phone number (mobile phone is preferable) ( )

Department/Graduate School/ Affiliations ( )

Student ID Number ( ) Mail address ( )

Are you a dormitory student? No / Yes

※ For overseas travelers, please fill in the following items.

Destination : Country/City ( )
Period of travel : (year/month/day) ~
Date of return : (year/month/day)

Days	Date	Body temperature(°C)	Respiratory symptoms	Subjective symptoms	Please circle if you visited a hospital.
1	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
2	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
3	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
4	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
5	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
6	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes ( )

Days	Date	Body temperature(°C)	Respiratory symptoms	Subjective symptoms	Please circle if you visited a hospital.
7	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
8	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
9	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
10	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
11	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
12	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
13	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
14	/	AM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )
		PM	nothing coughs · Breathing pain Sore throat · Runny nose		no yes (                    )

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